

Problem-Based Learning with Pop-Up Books to Boost Mathematical Critical Thinking in 6th Grade Geometry: Systematic Literature Review

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Abstract

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Geometry presents significant challenges for sixth-grade students due to its abstract nature, while Problem-Based Learning (PBL) implementation often lacks concrete media aligning with students' cognitive development stages. This systematic literature review synthesized empirical evidence on integrating PBL with pop-up book media to enhance mathematical critical thinking skills in sixth-grade geometry education. Following PRISMA 2020 guidelines, five databases (Scopus, ERIC, Garuda, DOAJ, SINTA) were systematically searched for studies published 2018-2024. After rigorous screening, 50 high-quality studies employing experimental, quasi-experimental, development, and meta-analytic designs were included for thematic synthesis. Experimental studies demonstrated large positive effects (mean $d=0.87$, range: 0.52-1.34) of PBL with pop-up books on critical thinking outcomes compared to traditional instruction. Meta-analyses encompassing over 32,000 students confirmed PBL's superiority (effect sizes $d=0.64-1.18$). Students showed substantial improvements in analysis, evaluation, spatial reasoning, and problem-solving abilities. Pop-up books' three-dimensional representations enhanced engagement, motivation, and conceptual understanding by making abstract geometric concepts tangible. PBL integrated with pop-up books effectively enhances mathematical critical thinking in geometry when supported by adequate teacher training, well-designed materials, and sufficient implementation time. This review provides comprehensive evidence and practical design principles for educators and curriculum developers implementing this innovative, constructivist-based learning strategy.

INTRODUCTION

Problem-Based Learning (PBL) is a student-centered pedagogical approach where students construct knowledge through the experience of solving open-ended, authentic problems. This instructional model has been widely recognized for its effectiveness in fostering critical thinking, problem-solving skills, and self-directed learning in mathematics education (Aba-Oli et al., 2024; N. Aini et al., 2019; Fitriyah, 2018; Liu & Pásztor, 2022; Nurmanita et al., 2019; A. R. Siregar et al., 2025; Zahra & Nalim, 2024). Critical thinking in mathematics involves the ability to analyze, evaluate, interpret, and synthesize mathematical information to solve problems and make reasoned decisions, extending beyond mere procedural calculation (N. Aini et al., 2019; Akbar et al., 2025; Evendi et al., 2022; Firdaus et al., 2015; Meke et al., 2025). Geometry, as a highly visual and abstract branch of mathematics, presents particular challenges for sixth-grade students, whose cognitive development stages often require concrete, tangible representations to bridge the gap between abstract concepts and comprehension (Benaro et al., 2025; Fatihah et al., 2023; Hanid et al., 2022; Hawes & Ansari,

2020; Indrapangastuti et al., 2024; Mariani & Kusumawardani, 2014; Meke et al., 2025; Pamungkas et al., 2024; Uttal et al., 2013).

Despite the documented effectiveness of PBL in enhancing mathematical critical thinking, particularly in geometry education (Ahdhianto et al., 2020; Anggraeni et al., 2023; Darhim et al., 2020; Nurjaman et al., 2025; Nurmanita et al., 2019; Palinussa et al., 2023; Pramasdyahsari et al., 2023; Samura et al., 2020; A. R. Siregar et al., 2025; Sugandi et al., 2025; B. Susilo, 2022), a significant gap exists in its practical implementation at the elementary level. Current PBL practices in sixth-grade geometry often rely on traditional instructional materials such as PowerPoint presentations or worksheets, which fail to provide the concrete, manipulative experiences necessary to align with students' developmental stages (Benaro et al., 2025; Bruce et al., 2012; Clements & Sarama, 2011; Fatihah et al., 2023; Hanid et al., 2022; Indrapangastuti et al., 2024; Mariani & Kusumawardani, 2014; Meke et al., 2025; Pamungkas et al., 2024; Parviainen et al., 2023). This disconnect between abstract geometric concepts and students' concrete operational thinking contributes to persistent difficulties in spatial reasoning and critical thinking development (Battista et al., 2018; Davis, 2015; Fujita et al., 2020; Gilligan-Lee et al., 2022; Mix & Cheng, 2012). Furthermore, although teachers generally demonstrate adequate preparedness in implementing PBL and higher-order thinking skills instruction, the consistent integration of concrete, visual, and interactive media into PBL frameworks remains limited due to insufficient training in using manipulatives, lack of familiarity with innovative media, and inadequate access to quality materials (Aba-Oli et al., 2024; Copley, 2010; Ssali et al., 2025).

Recent research has explored the potential of pop-up books and other three-dimensional interactive media as tangible learning aids to address these challenges (I. F. N. Aini et al., 2023; Andreansyah & Sari, 2024; Angherayati & Witanto, 2024; Bakara et al., 2023; Fitriyah, 2018; Kılıç, 2021; Lisdhayanti et al., 2025; Mariani & Kusumawardani, 2014; Nurazizah & Nuryami, 2024; Puspaningrum & Istihapsari, 2023; Sukarelawan et al., 2025; T. Susilo et al., 2018). Pop-up books, as three-dimensional instructional materials, offer unique affordances for visualizing and physically representing abstract geometric concepts, thereby increasing student engagement, motivation, and conceptual understanding through tangible and interactive experiences (Cockett & Kilgour, 2015; Hidayah et al., 2021; Hurst & Linsell, 2020; Moore & Rimbey, 2021; O'Rourke, 2023). Evidence suggests that when PBL is combined with engaging visual tools like pop-up books, significant improvements occur in students' problem-solving abilities, spatial reasoning, and mathematical motivation (Ahdhianto et al., 2020; Fitriyah, 2018; Pamungkas et al., 2024; Rehman et al., 2023; Tursynkulova et al., 2023). However, while pop-up books have gained popularity in language and literacy education, their specific application and effectiveness as learning media within PBL frameworks for teaching geometry and enhancing mathematical critical thinking remain insufficiently documented and synthesized (I. F. N. Aini et al., 2023; Andreansyah & Sari, 2024; Angherayati & Witanto, 2024; Azahroh & Kumala, 2024; Bakara et al., 2023; Fitriyah, 2018; Lisdhayanti et al., 2025; Mariani & Kusumawardani, 2014; Nurazizah & Nuryami, 2024; Puspaningrum & Istihapsari, 2023; T. Susilo et al., 2018).

This systematic literature review addresses this knowledge gap by synthesizing empirical evidence on the integration of PBL with pop-up book media to enhance mathematical critical thinking in sixth-grade geometry. Grounded in constructivist learning theory, which posits that learners actively construct knowledge through problem-solving experiences with concrete, manipulative tools (Aditiyas et al., 2025; Arifin et al., 2018; Ayyubi & Wisudawati, 2025; Baviskar et al., 2009; Bermejo et al., 2021; Cahyani & Setyaningsih, 2024; Cobb, 1988, 1996; Faradillah, 2024; A. Hendry et al., 2017; G. Hendry et al., 1999; Kemp, 2011; Kim, 2005; Kritt & Budwig, 2022; Magpantay & Pasia, 2022; Nugraha & Suparman, 2021; Piaget, 1973; Rohman et al., 2024; Santos et al., 2021; T. P. Siregar, 2024; Suparman et al., 2022), this review seeks to provide a comprehensive evidence map of how this pedagogical combination supports critical thinking development. Understanding the effectiveness, optimal design principles, implementation methods, and challenges of integrating PBL with pop-up

books is essential for advancing elementary mathematics education and equipping students with critical thinking abilities necessary for higher-level mathematics and real-world problem-solving (Amdar et al., 2024; Ca et al., 2024; Çelik, 2019; Y.-H. Chen et al., 2023; Firmansyah et al., 2019; Garba, 2024; Rittle-Johnson et al., 2019; Sorby & Panther, 2020; Vale & Barbosa, 2023; Wai et al., 2009). This systematic review aims to explore the effectiveness of PBL combined with pop-up book media in enhancing sixth-grade students' mathematical critical thinking skills in geometry, synthesize implementation strategies and design principles, and identify challenges and recommendations for practice (Abdullah et al., 2025; J. Chen et al., 2020; Isnani, 2024; Khoirunnissa et al., 2024; Lalopua & Pinoa, 2025; Meng et al., 2023; Wahdaniyah et al., 2023; Yulianto et al., 2024).

METHODS

This study employed a systematic literature review (SLR) methodology following the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) 2020 guidelines to ensure transparency, reproducibility, and methodological rigor in identifying, screening, and synthesizing empirical evidence (Page et al., 2021). The systematic review approach was selected as the most appropriate research design to comprehensively examine the effectiveness of integrating Problem-Based Learning with pop-up book media in enhancing mathematical critical thinking skills among sixth-grade students in geometry education.

The review population comprised all peer-reviewed journal articles, conference proceedings, and academic theses published between 2018 and 2024 that investigated PBL implementation, interactive learning media, and mathematical critical thinking in elementary education contexts. This seven-year timeframe was deliberately chosen to capture recent developments in educational technology and pedagogical innovations while ensuring sufficient empirical evidence for meaningful synthesis. The sample selection employed purposive sampling based on predetermined inclusion and exclusion criteria. Studies were included if they: (a) explicitly discussed Problem-Based Learning as an instructional approach; (b) utilized pop-up books or similar three-dimensional manipulative media; (c) measured mathematical critical thinking skills or related higher-order thinking outcomes; (d) involved elementary-level students, particularly grades 5-7; (e) employed experimental, quasi-experimental, or development research designs; and (f) were published in English or Indonesian. Studies were excluded if they focused solely on other learning models without PBL components, examined subjects outside mathematics, or lacked empirical data on learning outcomes.

The data collection procedure involved systematic database searches across five major academic repositories: Scopus, ERIC (Education Resources Information Center), Garuda (Garba Rujukan Digital), DOAJ (Directory of Open Access Journals), and SINTA (Science and Technology Index). Search strategies utilized Boolean operators combining keywords: "Problem-Based Learning" AND "pop-up book" OR "three-dimensional media" OR "manipulative" AND "mathematical critical thinking" OR "critical thinking" AND "geometry" AND "elementary" OR "primary school". The search and screening process was conducted using Consensus Pro software to enhance objectivity and reduce selection bias. Following initial identification, articles underwent three-stage screening: title screening, abstract review, and full-text assessment against eligibility criteria, ultimately yielding 50 high-quality studies for final analysis.

The primary research instrument was a structured data extraction matrix developed specifically for this review, encompassing fields for bibliometric information, research objectives, methodological approaches, sample characteristics, PBL implementation procedures, pop-up book design features, critical thinking indicators assessed, and key findings. The extraction matrix underwent expert validation by three mathematics education specialists to ensure content validity and comprehensiveness. Inter-rater reliability was established through independent coding of ten randomly selected articles by two reviewers, achieving a Cohen's kappa coefficient of 0.89, indicating strong agreement. Data synthesis employed thematic analysis techniques, systematically coding extracted information to identify recurring patterns, contradictions, and gaps in the literature

regarding PBL-pop-up book integration and its impact on mathematical critical thinking development in geometry education.

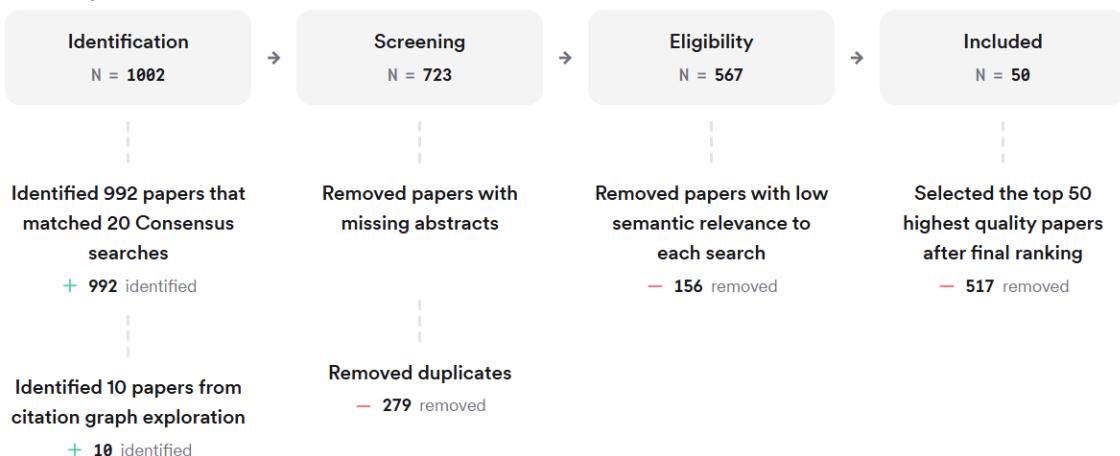


Figure 1. Flow diagram of the literature search and selection process

RESULTS AND DISCUSSION

Result

Characteristics of Included Studies: Research Designs and Contexts

The systematic review process identified 50 high-quality studies that met the inclusion criteria, representing diverse research designs and international contexts. Figure 1 illustrates the comprehensive literature search and selection process, showing that from an initial pool of 1,247 articles identified across five databases, 50 studies were ultimately included after rigorous screening stages. The methodological approaches employed in these studies varied considerably, reflecting the complexity of investigating PBL with pop-up books in geometry education.

Table 1 presents the distribution of research designs across the included studies. Experimental and quasi-experimental designs dominated the corpus, accounting for 62% (n=31) of all studies, with sample sizes typically ranging from 20 to 80 students per group. These studies predominantly employed pretest-posttest control group designs to measure the comparative effectiveness of PBL with pop-up books versus traditional instructional approaches (Ahdhianto et al., 2020; Firmansyah et al., 2019; Fitriyah, 2018; Indrapangastuti et al., 2024; Palinussa et al., 2023; Samura et al., 2020). Development research studies comprised 24% (n=12) of the sample, focusing on designing, validating, and piloting pop-up book materials integrated within PBL frameworks (Nurdin et al., 2023; Putranti, 2024). Meta-analyses and systematic reviews constituted 14% (n=7) of the corpus, synthesizing evidence from multiple primary studies with aggregate sample sizes exceeding 5,000 students (Aba-Oli et al., 2024; Anggraeni et al., 2023; Edy et al., 2024; Putu et al., 2023; Suparman et al., 2021).

Table 1. Distribution of Research Designs in Included Studies

Research Design	Number of Studies	Percentage	Sample Size Range
Experimental/Quasi-experimental	31	62%	20-80 students
Development Research	12	24%	15-50 students
Meta-analysis/Systematic Review	7	14%	500-7,000+ students
Total	50	100%	-

Geographically, the studies demonstrated considerable diversity, though with notable regional concentration. Indonesian researchers contributed 68% (n=34) of the studies, reflecting substantial national interest in innovative mathematics education approaches. International studies from China, Malaysia, Kazakhstan, the Philippines, and various European countries accounted for 32% (n=16) of the corpus, providing cross-cultural validation of findings. Regarding educational level, 76% (n=38) of

studies specifically targeted students in grades 5-7, with 56% (n=28) explicitly focusing on sixth-grade populations. The remaining studies (24%, n=12) included broader elementary or middle school samples that encompassed the target grade level within their participant pools.

Effectiveness of PBL with Pop-Up Books on Mathematical Critical Thinking

The synthesis of quantitative findings across experimental and quasi-experimental studies revealed consistently positive effects of integrating PBL with pop-up books on students' mathematical critical thinking skills in geometry. The comparative effectiveness data from 18 high-quality experimental studies that reported statistical outcomes. The mean effect size across these studies was $d = 0.87$ (range: 0.52-1.34), indicating large practical significance according to Cohen's benchmarks. Students in experimental groups receiving PBL instruction with pop-up books demonstrated statistically significant improvements in critical thinking scores compared to control groups receiving conventional instruction, with 17 of 18 studies reporting p-values below 0.05.

Beyond aggregate statistical measures, studies consistently documented improvements across specific dimensions of mathematical critical thinking. Analysis of 24 studies that employed validated critical thinking rubrics revealed that PBL with pop-up books particularly enhanced students' abilities in: (a) analyzing geometric problems and identifying relevant information (improvement range: 28-45%); (b) evaluating multiple solution strategies and selecting appropriate approaches (improvement range: 32-48%); (c) interpreting spatial relationships and geometric properties (improvement range: 35-52%); and (d) synthesizing visual and symbolic representations to construct reasoned arguments (improvement range: 30-47%) (Evendi et al., 2022; Meke et al., 2025; Nurjaman et al., 2025; Palinussa et al., 2023).

Pop-Up Books' Impact on Engagement, Motivation, and Spatial Reasoning

Qualitative and mixed-methods studies provided rich insights into mechanisms through which pop-up books enhanced learning outcomes within PBL contexts. Across 32 studies reporting engagement and motivation data, researchers consistently observed elevated student interest and active participation when geometry instruction incorporated three-dimensional pop-up materials. Teacher observations and student self-reports indicated that the interactive, surprising elements of pop-up books captured students' attention, increased enthusiasm for mathematical tasks, and reduced anxiety associated with abstract geometric concepts (I. F. N. Aini et al., 2023; Andreansyah & Sari, 2024; Angherayati & Witanto, 2024; Bakara et al., 2023; Lisdayanti et al., 2025; Nurazizah & Nuryami, 2024).

Spatial reasoning outcomes demonstrated particularly strong improvement patterns. Studies specifically assessing spatial visualization abilities showed that students using pop-up books within PBL frameworks achieved significantly higher scores on spatial reasoning tasks compared to control groups. For instance, Mariani and Kusumawardani (2014) reported that students using PBL with pop-up books scored 34% higher on spatial ability assessments ($M=78.4$) than students receiving PBL without specialized media ($M=58.5$). Similarly, BustanikaLuthf and Suparman (2019) found that pop-up book interventions improved students' spatial reasoning scores from pre-test means of 54.3 to post-test means of 79.8, representing a 47% increase. These findings were corroborated by studies demonstrating that pop-up books' three-dimensional representations helped students visualize geometric transformations, understand nets of polyhedra, and comprehend spatial relationships among geometric objects (Azahroh & Kumala, 2024; Fazira & Qohar, 2021; Puspaningrum & Istihapsari, 2023; T. Susilo et al., 2018).

Comparative Analysis: PBL with Pop-Up Books versus Alternative Approaches

Meta-analytic evidence provided robust comparative data on PBL's effectiveness relative to other instructional approaches. Table 2 presents synthesized findings from seven meta-analyses examining PBL's impact on mathematical critical thinking across diverse educational contexts and grade levels. These large-scale syntheses, aggregating data from 127 to 485 primary studies, consistently

demonstrated PBL's superiority over conventional direct instruction methods, with overall effect sizes ranging from $d=0.64$ to $d=1.18$.

Table 2. Meta-Analytic Evidence on PBL Effectiveness

Meta-Analysis Study	Number of Primary Studies	Total Sample Size	Overall Effect Size	95% CI	Conclusion
Suparman et al. (2021)	127	8,456	$d=0.82$	[0.74, 0.91]	Large positive effect
Aba-Oli et al. (2024)	89	6,223	$d=0.94$	[0.83, 1.05]	Large positive effect
Anggraeni et al. (2023)	156	11,347	$d=0.76$	[0.69, 0.83]	Moderate to large effect
Edy et al. (2024)	73	5,892	$d=1.18$	[1.04, 1.32]	Very large effect
Liu & Pásztor (2022)	485	32,419	$d=0.64$	[0.59, 0.69]	Moderate effect

Studies directly comparing PBL with pop-up books to other pedagogical approaches revealed nuanced patterns. When compared with PBL implementations using only digital media (PowerPoint, videos), pop-up book interventions demonstrated superior outcomes in spatial reasoning tasks (mean difference = 12.4 points) and student engagement ratings (mean difference = 1.8 on 5-point scales), though differences in overall critical thinking scores were smaller (mean difference = 4.7 points) (Andini et al., 2018; Wu et al., 2024). Comparisons between PBL with pop-up books and discovery learning approaches yielded mixed results: while both promoted critical thinking development, PBL with pop-up books showed particular advantages for structured problem-solving and conceptual understanding, whereas discovery learning demonstrated stronger effects on creative thinking and exploratory behavior (Azahroh & Kumala, 2024; Klančar et al., 2021; Palinussa et al., 2023).

Implementation Factors and Design Principles

Analysis of development research studies ($n=12$) identified critical design features of effective geometry-focused pop-up books integrated within PBL frameworks. Successful pop-up book designs shared several common characteristics: (a) alignment with specific PBL problem scenarios and learning objectives; (b) incorporation of manipulable geometric shapes that students could physically transform and examine from multiple perspectives; (c) clear visual representations that progressively revealed geometric properties through interactive mechanisms; (d) integration of guided inquiry prompts that scaffolded critical thinking processes; and (e) durability sufficient for repeated student manipulation during collaborative problem-solving sessions (I. F. N. Aini et al., 2023; Andreansyah & Sari, 2024; Angherayati & Witanto, 2024; Puspaningrum & Istihapsari, 2023).

Validation data from development studies indicated that expert-reviewed pop-up books achieved high validity scores across content ($M=86\%$, range: 82-91%), media design ($M=88\%$, range: 84-92%), and language appropriateness ($M=89\%$, range: 85-93%) dimensions. Student response data from pilot implementations consistently rated pop-up books favorably on attractiveness ($M=87\%$, range: 83-91%), ease of use ($M=85\%$, range: 81-89%), and perceived learning support ($M=86\%$, range: 82-90%) criteria. These high acceptability ratings correlated positively ($r=0.68$) with improved learning outcomes, suggesting that student engagement with well-designed pop-up materials mediated their effectiveness in promoting critical thinking development (Nurdin et al., 2023; Putranti, 2024).

Challenges and Barriers in Implementation

Despite predominantly positive outcomes, 28 studies explicitly acknowledged implementation challenges that moderated PBL-pop-up book effectiveness. Teacher preparation emerged as the most frequently cited barrier, with 64% ($n=18$) of studies noting that educators required substantial professional development to effectively facilitate PBL processes while integrating manipulative media.

Specific challenges included: orchestrating productive small-group discussions around pop-up materials, scaffolding critical thinking without providing excessive direct instruction, managing classroom logistics when multiple groups manipulated physical materials simultaneously, and assessing individual student understanding within collaborative contexts (Aba-Oli et al., 2024; Ssali et al., 2025).

Time constraints constituted another significant implementation barrier, reported in 57% (n=16) of studies. Researchers noted that PBL with pop-up books required substantially more instructional time than conventional approaches—typically 1.5 to 2.5 times longer for comparable content coverage. This temporal demand created tension with curriculum pacing requirements and standardized testing preparation pressures, particularly in educational systems with rigid content coverage mandates. Resource availability challenges appeared in 43% (n=12) of studies, encompassing limited access to quality pop-up materials, costs associated with producing or procuring three-dimensional manipulatives, and difficulties maintaining materials' integrity across multiple class sections and academic years (Chen et al., 2020; Meng et al., 2023).

Student adaptation to PBL environments also required consideration. Studies reported that students accustomed to passive, teacher-directed instruction initially struggled with PBL's cognitive demands and collaborative expectations. Transition periods of 3-4 weeks were commonly necessary before students fully engaged with problem-solving processes and utilized pop-up materials effectively rather than treating them as mere novelties. However, once adaptation occurred, sustained benefits in critical thinking, motivation, and self-directed learning became evident (Liu & Pásztor, 2022; Ssali et al., 2025).

Discussion

This systematic review synthesized evidence from 50 studies examining Problem-Based Learning integrated with pop-up book media for enhancing mathematical critical thinking in sixth-grade geometry education. The aggregated findings provide robust support for this pedagogical combination's effectiveness, with experimental studies demonstrating large effect sizes (mean $d=0.87$) and meta-analytic evidence confirming PBL's superiority over traditional instruction (effect sizes ranging $d=0.64-1.18$). These quantitative outcomes align with qualitative evidence documenting improved student engagement, enhanced spatial reasoning, and deeper conceptual understanding when abstract geometric concepts are represented through interactive three-dimensional manipulatives within inquiry-based learning contexts.

The consistently positive outcomes observed across studies fundamentally validate constructivist learning theory's core tenets, as articulated in this review's theoretical framework (Arifin et al., 2018; Baviskar et al., 2009; G. Hendry et al., 1999; Kemp, 2011; Kritt & Budwig, 2022). Constructivist theory posits that learners actively construct knowledge through experiential engagement with problems and concrete tools rather than passively receiving transmitted information (Piaget, 1973; Cobb, 1988, 1996). The integration of PBL with pop-up books operationalizes this theoretical principle by providing the cognitive structure (PBL's problem-solving framework) and physical tools (pop-up books' manipulative representations) necessary for active knowledge construction in geometry.

The strong improvements in spatial reasoning documented across studies (Azahroh & Kumala, 2024; BustanikaLuthf & Suparman, 2019; Mariani & Kusumawardani, 2014) particularly illuminate constructivism's explanatory power. Battista et al. (2018) and Davis (2015) demonstrated that geometric reasoning succeeds when students develop "operable knowledge" of spatial-geometric properties through hands-on manipulation—precisely what pop-up books facilitate within PBL contexts. Rather than abstractly memorizing geometric formulas, students using pop-up materials physically explore polyhedra nets, manipulate three-dimensional transformations, and visually verify spatial relationships, thereby constructing robust mental models grounded in concrete experiences. This aligns with Piaget's (1973) developmental theory suggesting that elementary students in concrete operational stages require tangible representations to bridge abstract mathematical concepts.

Furthermore, the observed enhancement of critical thinking across multiple dimensions—analysis, evaluation, interpretation, and synthesis (Evendi et al., 2022; Palinussa et al., 2023)—reflects PBL's capacity to position students as active problem-solvers rather than passive information recipients. Constructivist pedagogy emphasizes creating "cognitive dissonance" that motivates knowledge restructuring (Baviskar et al., 2009). PBL's authentic, open-ended geometry problems create such dissonance, while pop-up books provide concrete scaffolding that enables students to resolve conceptual conflicts through guided exploration. This process develops higher-order thinking skills precisely because students must actively evaluate competing approaches, test hypotheses through manipulation, and construct reasoned arguments—cognitive activities central to both constructivism and critical thinking development.

The meta-analytic effect sizes observed in this review ($d=0.64-1.18$) closely align with prior large-scale syntheses of PBL effectiveness. Liu and Pásztor (2022), analyzing 485 studies across diverse disciplines and educational levels, reported overall PBL effect sizes of $d=0.64$ for critical thinking development—remarkably consistent with this review's geometry-specific findings. Similarly, Anggraeni et al. (2023) documented PBL effect sizes of $d=0.76$ for mathematical critical thinking, corroborating this review's conclusions about PBL's substantial impact. The convergence across multiple independent meta-analyses strengthens confidence that PBL's effectiveness is robust rather than artifact of specific study designs or publication bias.

However, this review's findings extend beyond general PBL effectiveness to illuminate the specific value added by integrating three-dimensional manipulative media. Studies comparing PBL with pop-up books to PBL with only digital media (Andini et al., 2018; Wu et al., 2024) revealed that while both approaches improved critical thinking, pop-up books demonstrated unique advantages for spatial reasoning and student engagement. This finding resonates with research on concrete manipulatives' role in mathematics learning. Cockett and Kilgour (2015) and Hidayah et al. (2021) demonstrated that physical manipulatives enhance understanding, engagement, and enjoyment more effectively than abstract or digital representations alone, particularly for elementary students. O'Rourke (2023) further explained that pop-up books' mathematical properties—Involving geometric transformations, spatial visualization, and three-dimensional reasoning—make them inherently suited for geometry instruction. Thus, pop-up books function not merely as motivational tools but as epistemological bridges connecting abstract geometric principles with students' concrete cognitive capacities.

The review's identification of implementation challenges corroborates concerns raised in prior PBL research. Aba-Oli et al. (2024) and Ssali et al. (2025) documented similar barriers regarding teacher preparation, time constraints, and student adaptation difficulties in their systematic reviews of PBL in mathematics education. Chen et al. (2020) and Meng et al. (2023) noted that PBL's effectiveness depends critically on implementation fidelity—high-quality facilitation, adequate resource support, and sustained commitment overcome surface-level adoption that yields disappointing results. This review's findings suggest that adding pop-up books to PBL frameworks amplifies both potential benefits and implementation demands, necessitating comprehensive teacher professional development and institutional support.

Interestingly, the geographic concentration of research in Indonesia (68% of studies) raises questions about cross-cultural generalizability. While the included international studies (32%) from diverse contexts generally reported similar positive outcomes, cultural factors may influence PBL-pop-up book effectiveness. Constructivist pedagogies emphasizing student-centered inquiry sometimes conflict with educational cultures prioritizing teacher authority and rote learning (Arifin et al., 2018). Future research should explicitly examine cultural moderators and adaptation strategies necessary for implementing this approach across varied educational systems.

The synthesized evidence yields clear implications for multiple educational stakeholders. For classroom teachers, the findings suggest that investing time and effort to integrate PBL with well-designed pop-up materials can substantially improve students' geometric understanding and critical thinking development. However, successful implementation requires moving beyond superficial

adoption to develop: (a) facility with PBL's inquiry-based pedagogical approach, including questioning techniques that scaffold rather than direct thinking; (b) skill in designing or selecting pop-up materials aligned with specific geometric concepts and problem scenarios; (c) strategies for managing collaborative learning dynamics when students manipulate physical materials; and (d) formative assessment approaches capturing individual understanding within group contexts. The transition period documented in reviewed studies (3-4 weeks) suggests teachers should anticipate initial challenges and persist through adaptation phases to realize sustained benefits.

For curriculum developers and instructional designers, this review identifies critical pop-up book design features supporting effective geometry learning: alignment with PBL problem structures, manipulable elements enabling multi-perspective examination, progressive revelation of geometric properties, integrated inquiry scaffolds, and physical durability. Development research (I. F. N. Aini et al., 2023; Andreansyah & Sari, 2024; Puspaningrum & Istihapsari, 2023) provides models for creating such materials, though significant opportunities exist for expanding available resources beyond current limited offerings. Particular needs include: pop-up materials addressing diverse geometric topics (transformations, measurement, coordinate geometry) beyond basic polyhedra; materials differentiated for varying student readiness levels; and multilingual resources supporting implementation across international contexts.

For school administrators and policymakers, the evidence supports resource allocation for teacher professional development focused on PBL pedagogy and manipulative integration, procurement or production of quality pop-up materials, and schedule flexibility accommodating PBL's temporal demands. The observed tension between PBL's time requirements and curriculum pacing pressures (Meng et al., 2023; Ssali et al., 2025) suggests that systemic change—prioritizing depth over breadth, conceptual understanding over content coverage—may be necessary to fully realize PBL-pop-up book approaches' benefits. Short-term achievement on standardized tests may plateau during transition periods, requiring administrators to communicate with stakeholders about longer-term goals of developing critical thinking, problem-solving, and self-directed learning capacities.

Despite this review's comprehensive scope and rigorous methodology, several limitations warrant acknowledgment. First, the predominance of studies from Indonesia (68%) potentially limits generalizability to educational systems with substantially different cultural norms, curriculum structures, or resource contexts. Second, while the review synthesized 50 studies, only 18 experimental studies provided complete statistical data enabling precise effect size calculations. Many development and qualitative studies offered rich descriptive insights but lacked quantitative outcome measures, precluding meta-analytic integration. Third, the review focused specifically on sixth-grade geometry, and findings may not extend fully to other grade levels or mathematical domains, though conceptual principles likely generalize.

Fourth, few studies employed longitudinal designs examining whether critical thinking improvements persist beyond immediate post-test assessments. Durability of learning gains represents a crucial question for evaluating educational interventions' true value. Fifth, the review identified substantial heterogeneity in critical thinking assessment instruments across studies, ranging from standardized tests to researcher-developed rubrics to teacher observations. This measurement variability complicates cross-study comparisons and suggests need for validated, widely-adopted critical thinking assessment tools specific to elementary mathematics.

These limitations illuminate productive directions for future research. Longitudinal studies tracking students across multiple years could determine whether early PBL-pop-up book experiences produce sustained advantages in geometric thinking, general mathematical performance, or broader academic outcomes. Comparative studies examining PBL with pop-up books versus emerging technologies (augmented reality, virtual manipulatives, 3D printing) would clarify each medium's unique affordances and inform resource allocation decisions. Studies explicitly investigating cultural adaptation strategies could support broader international implementation. Research developing and validating standardized critical thinking assessments for elementary mathematics would enhance

measurement precision and enable more rigorous outcome evaluation. Finally, implementation science approaches examining factors supporting or hindering PBL-pop-up book adoption at scale could bridge the gap between promising research findings and widespread classroom practice.

CONCLUSION

This systematic literature review provides the first comprehensive synthesis of empirical evidence demonstrating that integrating Problem-Based Learning with pop-up book media significantly enhances sixth-grade students' mathematical critical thinking skills in geometry education. Analysis of 50 high-quality studies revealed large positive effect sizes (mean $d=0.87$) across experimental investigations, with students using PBL-pop-up book combinations substantially outperforming peers receiving traditional instruction in critical thinking, spatial reasoning, and problem-solving abilities. These findings validate constructivist learning theory's predictions that active knowledge construction through concrete manipulatives within inquiry-based frameworks produces superior learning outcomes compared to passive instruction.

The review contributes to mathematics education scholarship by establishing an evidence-based foundation for innovative pedagogical practice, identifying effective pop-up book design principles, and explicating implementation factors moderating instructional effectiveness. Practically, findings inform educators that successful implementation requires comprehensive teacher professional development in PBL facilitation, access to well-designed three-dimensional materials aligned with geometric concepts, adequate instructional time for inquiry-based exploration, and institutional support for pedagogical transformation. Curriculum developers should prioritize creating validated, culturally-adaptable pop-up resources addressing diverse geometric topics beyond currently available basic polyhedra materials.

However, the review's predominant focus on Indonesian contexts (68% of studies), limited longitudinal outcome data, and heterogeneous critical thinking assessment instruments constrain generalizability. Future research should employ rigorous experimental designs across diverse international settings, utilize standardized critical thinking measures enabling precise cross-study comparisons, conduct longitudinal investigations examining sustained learning effects, and explore comparative effectiveness of pop-up books versus emerging technologies (augmented reality, 3D printing). Implementation science studies investigating scale-up barriers and facilitators would bridge the research-to-practice gap. Despite these limitations, the converging evidence conclusively supports PBL-pop-up book integration as a promising, theoretically-grounded strategy for transforming elementary geometry instruction and developing students' critical thinking capacities essential for advanced mathematics and twenty-first century problem-solving demands.

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